

# THE JAMESBURG BULLETIN

Volume 2, Number 7

Good News Travels Fast...Serving the Jamesburg Community

August, 2008

## COMMUNITY CALENDAR

- Friends of the Library...Sat...8/2...Library...10:30AM
- Jamesburg Baseball Association...Mon...8/4...7:30PM...Elks Club
- Middlesex County Fair...Mon. 8/4-Sun 8/10
- **Jamesburg Historical Association**...No Meeting until September
- Jamesburg PTA... Wed...8/6...7:30PM...JFK School library
- **Jamesburg Civic Association**...Thu...8/7...7PM...Lisco's Country Cafe
- Jamesburg Borough Council...Wed...8/13...7PM...Borough Hall
- Jamesburg Combined Land Use & Zoning Board...Thu...8/14
- Jamesburg Public Library, Board of Trustees...Mon...8/18...7PM
- **Jamesburg Senior Citizens**...Wed...8/20...1PM...Center on Stevens
- **Jamesburg Revitalization Coalition**...Wed...8/27...7PM...Borough Hall
- Farmers Market Every Saturday...9AM-2PM...West Railroad Ave. between Church & Harrison

*Meeting times are as of printing date, we have no advance notice of cancellations. The public is welcome at most of these events.*

## THE LIBRARY CONTROVERSY CONTINUES...

At the August meeting of Borough Council, a public meeting will involve a new proposal involving closing the local library to save taxpayers money and have library services available from Monroe. Can we afford to lose this valuable asset to the community? What are you willing to sacrifice in order to keep the Jamesburg Public Library? If you attend this meeting, you will have the opportunity to be heard. You can make a difference. But you have to attend and have your voice heard.

While having a state of the art library and services available for less money sounds like a good idea, one has to know what the actual availability to the residents of Jamesburg to the Monroe facility will be. Residents need to attend this meeting to understand the full scope of the proposal as Mayor LaMantia and council plan to put a resolution on the fall ballot, as voters can decide to keep our present library at the cost of increasing taxes. Residents can be and should be heard at this meeting. Borough Council meets at 7PM, Wednesday August 13<sup>th</sup>, 131 Perrineville Road. The plan may be sound. Let's find out!

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## LISCO'S COUNTRY CAFÉ

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The Jamesburg Bulletin is a monthly newsletter with one purpose: To alert the local community and visitors to our town about what is happening in Jamesburg. The advertising within is only for local businesses and services. The Jamesburg Bulletin is not a political or spiritual platform. If you have a community event, we would like to know about it so space can be given. The deadline for any information about an event must be in by the 20<sup>th</sup> of the month. Please be sure to provide a name and phone number for contact information. We cannot proceed without these. Send all info or letters to: The Jamesburg Bulletin, c/o Stroul Entertainment Group, 110 Mendoker Drive, Jamesburg, NJ 08831. The Jamesburg Bulletin is published by Stroul Entertainment Group, LLC, Copyright, circa 2007, all rights reserved. All material is written by Elliott Stroul unless otherwise noted and edited by Barbara Stroul. **Here's the deal on advertising in the bulletin:** Advertising Policy and Rates: It is our intention to only promote local merchants and services from Jamesburg in this publication. Space is limited to 3 1/2" X 2" business card size ads at \$50.00 per issue payable by check or money order to Stroul Entertainment Group, 110 Mendoker Drive, Jamesburg, NJ 08831. If a business wishes to purchase six issues paid in advance, they get the seventh month free. We reserve the right to approve all content and will notify the merchant and try to resolve any issues prior to publication. We do not do artwork.

LET' GO SURFING...

Remember to go to [www.jamesburg.net](http://www.jamesburg.net) when surfing for goods or services. The information is free and plentiful. There are many links to businesses, Government, History and more, right in town that can provide what you need. We have over 100 business/service entities in town! The Jamesburg Bulletin can be found on the net at [www.jamesburg.net](http://www.jamesburg.net).

### ON THE SOAP BOX: FUEL SAVING TIPS

Man oh Man, these gas prices are really annoying! Well the first thing is to slow down. Conservation is a must. We have got to reduce speed to make it last longer. Use Cruise control on the highway. Maintaining a constant speed will help make the gas last longer. Stop using the car for short unnecessary trips. Wait until you have a bunch of errands you can do together and arrange them in order so that you aren't backtracking or driving in circles. Plan your route! Car pool. Go to work and social events together rather than in separate vehicles. This is just common sense stuff, so figure it out. Have some discipline and order in your life!

### RECIPES FOR LIFE... LET'S GO ORGANIC!

Remember that eating organic means that you are ingesting fewer chemicals (pesticides) and this is just a healthier way to live. If it doesn't say organic on the packaging, it is not. This month's recipe is **Chicken and Cashew in Lettuce Cups**. Prep time: 20 minutes and serves 4. Substitute Steak, Pork or Shrimp for the Chicken. Cooking time is about 20 minutes.

**Ingredients:** 3 tablespoons low sodium soy sauce, 3 tablespoons honey, 2 tablespoons extra virgin olive oil or canola oil, 2 cloves garlic, finely chopped, pepper, 1 tablespoon grated ginger, 1 bunch scallions, trimmed and sliced, 8 ounces of water chestnuts, drained & sliced, ¼ cup roasted unsalted cashews, 1 small head Boston or Bibb lettuce, leaves separated and 1 1/2 pounds boneless skinned chicken breasts cut into ¾ inch pieces.

**Combine** the Soy Sauce and Honey in a small bowl and set aside. **Heat** the oil in a large skillet over medium high heat. **Season** the Chicken with ½ teaspoon pepper and cook, stirring occasionally, until it begins to brown, about 3 minutes. **Lower** heat to medium and stir in the garlic, ginger and scallions and cook for 1 minute.

**Stir** in the water chestnuts and soy sauce mixture and continue to cook until the chicken is cooked through, about 4 minutes. **Remove** from heat and sprinkle with the cashews. **Divide** the lettuce leaves among the individual plates and spoon the chicken over the top. Serve with the remaining soy sauce mixture for drizzling. Recipe found in the magazine *Real Simple*, May 2008

#### The Lighter Side:

*Helpful hint # 368:* You only need two tools in life: Duct Tape and WD40. If something moves and shouldn't, Use the duct tape. If something does not move and should, use the WD40!

*I have questions:*

Does Fuzzy Logic Tickle? Why is abbreviation such a long word? When a cow laughs, does milk come up its nose? What was the best thing before sliced bread? What do they use to ship Styrofoam? What's another word for thesaurus? Why is there an expiration date on my container of sour cream? How did a fool and his money get together in the first place? If you shoot a mime, should you use a silencer? Aren't you glad that milk comes in bottles so we don't have to suck it out of cows? What is the zip code for Nowhere? Is there a separate code for the middle of Nowhere?

*Sign in a bathroom stall:* Beware of Limbo Dancers!

## **THE JAMESBURG STREET FESTIVAL OF THE FUTURE**

There will not be a street fair this year. Due to budget cuts and less available manpower, the Borough who has run this event for the past 9 years cannot put it together for this year. However, plans are on the table for next year as a committee is being formed at this month's council meeting by Mayor Tony LaMantia.

The Street Festival Committee will enlist the various Civic Groups and Businesses to establish a date for the next one and put a plan into action for fundraising, organizing vendors and events. The Jamesburg Revitalization Coalition has already expressed interest and has begun discussing options and the local Elks chapter wants to be involved. It is hoped that other groups will join in once the committee is formed and can begin finding direction.

The Street Festival can be a truly remarkable event if everyone participates and shares ideas. The goal is to make sure that this event is a huge draw into town without being detrimental to business. We want to exhibit our charm, history and attract new visitors to our stores and restaurants. This will be a lot of work, but the end result will be well worth the effort.

## **FARMERS MARKET HAS TAKEN OFF AND IS FLYING!**

Fresh corn right from the fields to the streets of Jamesburg! How can anything be better! How about fresh tomatoes, onions, potatoes, beans, squash, flowers, melons? The selection provided by our vendors has been fabulous and the turnout by pedestrians has been wonderful!

The first three weeks of the market had over 1500 visitors buying Sweet Jersey Kettle Corn, locally made honey from White Ginkgo Apiary along with her very nice beeswax soaps. Farmer Al's and Von Thun Farms provided all the veggies shoppers could take. Each vendor had to make additional runs to re-stock the tables for the steady streak of customers. Visitors to the market also stopped by the combined JRC/JHA tent to view and purchase Jamesburg Historical Association momentos, discuss history or just make a donation to either organization. The Market is held every Saturday through October 18<sup>th</sup>, 9AM-2PM on West Railroad Avenue between Church Street and Harrison Street.

The turnout has been great and the people showing up are diverse. Von Thun's had a customer show up to buy 125 ears of corn for a family picnic in Piscataway. The attendance is from all walks of life and age groups as the farmers market is seeing repeat customers each week. This has been a perfect way to begin a new era of commerce in Jamesburg as people coming to market are seeing all the other stores in town. Everybody wins with Jersey Produce in Jamesburg!

## **BUCKELEW 5K: LET'S GET READY TO RUN...OR WALK!**

The Jamesburg Revitalization Coalition, Inc. is planning the 2<sup>nd</sup> Annual Buckelew 5k fitness event for September 6, 2008. Race Coordinator Dr. Debra DeMarco is getting everything ready and race sponsorships are still available. Compuscore is again scoring the race and any proceeds after expenses will benefit the programs slated for Jamesburg by the 501c(3) non-profit Jamesburg Revitalization Coalition and any contributions may be tax deductible. The Race will begin at 8:30AM with registration starting at 7:30AM in Thompson Park. Pre-registration forms can be obtained at the JRC website, [www.ilovejamesburg.com](http://www.ilovejamesburg.com) and at Monroe Chiropractic Care, 15 East Railroad. Call 732-521-1333 for more information.

“No culture can live, if it attempts to be exclusive. Strength does not come from physical capacity. It comes from an indomitable will. It is unwise to be too sure of one's own wisdom. It is healthy to be reminded that the strongest might weaken and the wisest might err.” –Mahatma Gandhi

“It never occurs to fools that merit and good fortune are closely united.” -Johann Wolfgang Von Goethe

“We live in a wonderful world that is full of beauty, charm and adventure. There is no end to the adventures that we can have if we only seek them with our eyes open.” –Jawaharlal Nehru