

# The Jamesburg Bulletin

Volume 3, Number 9, Issue 33

Good News Travels Fast...Serving the Jamesburg Community

September, 2009

## COMMUNITY CALENDAR

Jamesburg Historical Association...Wed...9/2...Presbyterian Church...7:30PM

Jamesburg Civic Association...Thu...9/3...Lisco's Country Cafe...7PM

Friends of the Library...Sat...9/5...Library...10:30AM

### Labor Day...Mon...9/7

Jamesburg Borough Council...Wed...9/9...Borough Hall...7PM

Jamesburg Land Use & Zoning Board...Thu...9/10...Borough Hall...7PM

### Patriots Day...Fri...9/11

Jamesburg Regional Chamber of Commerce...Wed...9/16...Unique Party Place/Spotswood...11A-2P

Jamesburg Senior Citizens...Wed...9/16...Senior Center on Stevens...1PM

Jamesburg Presbyterian Church...Sat...9/19...Chicken BBQ Dinner...5PM

Jamesburg Fall Festival...Sun...9/20...West Railroad Ave...11AM-6PM

Jamesburg Public Library, Board of Trustees...Mon...9/21...Library...7PM

Buckelew/Monroe Heritage Days...Sat & Sun...9/26/27...Historic Dey Farm...10AM-5PM

Jamesburg Revitalization Coalition...Wed...9/30...Borough Hall...7PM

## Farmer's market news For September:

The Farmer's Market is moving along as more and more people are discovering the location and market managers are seeing a lot of new faces from the senior communities. The market is also becoming a community event each Saturday as seminars in healthy eating and music programs are being offered on a regular basis. So the Jamesburg Revitalization Coalition's market motto: 'Fresh Produce and More' is accurate. "The produce is right off the farm fresh, the baked goods are incredible and the numbers of people visiting are greatly improving," according to market manager Diane Lemelman. "We have increased signage this year to offset the new location at the Presbyterian Church and it is paying off."

### Special Events at the Market in September:

September 12th...Think Global...Eat Local with Ella Sara Kling

September 19<sup>th</sup>...Cooking with The Fantastic Thai Chef...Excellent Demonstration of Thai Cuisine

September 26<sup>th</sup>...'Let Food Be Thy Medicine'...Nutrition Solutions with Dr. Bryan and Michelle Berger

The market is open every Saturday from 9AM until 2PM through October 3<sup>rd</sup>. For more information, call Elliott Stroul at 732-512-7417.

## Jamesburg Regional Chamber of Commerce update

How about an organization that is thriving without having those boring meetings? How about a Chamber that is working by having successful Networking Events that are attracting people in business from communities all around us to make them aware of what business in Jamesburg, Monroe, Spotswood and Helmetta is all about? Well, it seems to be working! Call Dawn Whitworth at 732-801-5377 for information on the next Chamber event on September 16<sup>th</sup>.

## One World Yoga Studio grand opening 9/12 & 13

10 West Railroad Avenue is the location currently under renovation and slated to become the new home of One World Yoga Studio. The business is scheduled to have its Grand Opening on September 12<sup>th</sup>. They will be offering classes in Dynamic Hatha Yoga, Power Hatha, Relax and Renew, Integral, Chair and Slow Flow from 10AM to 2PM Saturday and Sunday. Practicing Yoga is a great way to focus and stay healthy of mind and body. The studio's tagline is "This Way to Happy." Visit [www.OneWorldYogaStudio.com](http://www.OneWorldYogaStudio.com) or call Deena Main at 732-685-5881 for more information.

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The Jamesburg Bulletin is a monthly newsletter with one purpose: To alert the local community and visitors to our town about what is happening in Jamesburg. The advertising within is only for local businesses and services. The Jamesburg Bulletin is not a political or spiritual platform. If you have a community event, we would like to know about it so space can be given. The deadline for any information about an event must be in by the 20<sup>th</sup> of the month. Please be sure to provide a name and phone number for contact information. We cannot proceed without these. Send all info or letters to: The Jamesburg Bulletin, c/o Stroul Entertainment Group, 110 Mendoker Drive, Jamesburg, NJ 08831. The Jamesburg Bulletin is published by Stroul Entertainment Group, LLC, Copyright, circa 2007, all rights reserved. All material is written by Elliott Stroul unless otherwise noted and edited by Barbara Stroul. Here's the deal on Advertising in the bulletin: Advertising Policy and Rates: It is our intention to only promote local merchants and services from Jamesburg in this publication. Space is limited to 3 1/2" X 2" business card size ads at \$35.00 per issue payable by check or money order to Stroul Entertainment Group, 110 Mendoker Drive, Jamesburg, NJ 08831. If a business wishes to purchase six issues paid in advance, they get the seventh month free. We reserve the right to approve all content and will notify the merchant and try to resolve any issues prior to publication. We do not do artwork. LET'S GO SURFING... Remember to go to [www.jamesburg.net](http://www.jamesburg.net) when surfing for goods or services. The information is free and plentiful. There are many links to businesses, Government, History and more, right in town that can provide what you need. We have over 100 business/service entities in town! The Jamesburg Bulletin can be found on the net at [www.jamesburg.net](http://www.jamesburg.net).

### **On the Soap Box: tough times...get help!**

We are being told that the economy is showing signs of turning around. We are told that the housing market is coming back and that the number of people applying for new unemployment insurance claims is diminishing. This is good, but on a local level it is hard to stay upbeat. It is getting tougher for people to stay ahead of the credit cards and pay the mortgage on time. I recommend that if you are having trouble, seek out those resources to assist you before your problems become more difficult. There are programs available to help with mortgage loan modification which may keep out of foreclosure. Check with your lender as the information on Federal programs are available at no charge. Beware of the quick fix.coms or TV pitches for getting you out of debt. They charge substantial fees and often do not work in your best interest. Consult with a recognized local mortgage company or your personal bank representative. Talk to the tax assessor in town for advice or assistance. A payment plan may be available. We need to work together in these tough times so that we all have a chance for financial survival. Don't go into bunker mode. Ask questions. Get help!

*Please support my commitment to help end breast cancer! Contact: [www.avonwalk.org/goto/cindy.shields](http://www.avonwalk.org/goto/cindy.shields)  
I am raising money and am training for the Avon Walk for Breast Cancer, a 501(c) (3) public charity.*

### **the History of Rock and Roll... See you in September edition**

In 1966, a group of New Jersey guys made it to the big time. Formerly known as The Graduates, this group met and began singing together while in the service at Fort Dix. They broke into the recording field in the early sixties as back-up vocalists for The Four Seasons. They were later produced two records with the Tokens label, "What a Lovely Way to Spend an Evening" and "Candy Queen" on Laurie Records. After joining the label's roster they released an LP "On the Go" with little impact. But their second, "See You in September" with a name change to The Happenings, sent them to the top. They continued with a string of hits that included "My Mammy", "Go Away Little Girl" and "I Got Rhythmn" and appeared on the Tonight Show with Johnny Carson over eight times. Today they are still touring and Paterson native Bob Miranda still belts out the hits as lead voice. They have played a lot of concert dates this summer in New Jersey as a featured act of many town summer concert series. In addition to concerts, they appear in casinos, cruise ships and resorts all around the country. The band includes music director George Rizzi on guitar and sax, who resides in Old Bridge, Bob Kulik of Howell who does incredible vocal takes on Frankie Valli and Neil Diamond and Drummer Bob Payne on percussion. The band usually consists of a horn section including Barry Sacchus on trombone as well as a rotating contingent of sax and trumpet players. The result is a very energetic and upbeat, family oriented performance that all ages continue to enjoy. The Happenings have two cds available now, a studio update of greatest hits, and a live XM Radio concert recording from Washington, DC that reflects their live show that is being performed now. For more insight, bios & tour info on The Happenings, go to [www.thehappenings.com](http://www.thehappenings.com).

**Special note:** Guitarist and music pioneer Les Paul passed away in mid-August. He was responsible for inventing the electric guitar and multi-track recording. For years he had been performing at the Iridium in NYC on Monday nights. He had numerous solo albums, recordings with singer Mary Ford and the Chester & Lester collection with Chet Atkins. Without Les Paul, music might have taken a lot longer to evolve. He will be missed!

The Lighter Side...I have many questions: Can you cry under water? When you die, are you stuck in eternity wearing the clothes you were buried in? Why does a round pizza come in a square box? What disease did the cured ham have? Why are you IN a movie but ON TV? Why is 'bra' singular and 'panties' plural? Why do toasters have a setting that burns the toast to a horrible crisp, which no decent human will eat? If electricity comes from electrons, does morality come from morons?

## **Restaurant news**

We just thought we should update you on what is going on with places to dine in Jamesburg these days. There have been a few changes. First of all, on the east side of Buckelew Avenue, Ciro's is now the former Basile's. On the west approach to town, Dominic's CR has transformed into Villa Francesco. On Docks Corner Road, the former Dayton Food Hut is now Deputy Dawgs Deli, with a new owner.

We have a wonderful assortment of palate pleasers: Café Napoli, Docks Corner Tavern, Fiddleheads, Golden Garden, Lisco's Country Cafe, Mendoker's Bakery and Deli, Parkside Tavern and Timing all serve a nice variety of dishes. There is no boredom for your tastes in or close to Jamesburg. Of course we have Jamesburg Pizza, Subway and Dominos as well. Bon appetite!

## **The Public library...book it on your schedule!**

The Jamesburg Public Library welcomes two new trustees this summer. Ella Filson and Tom Gibbons. We look forward to working with them and keeping the library active and viable. September includes a bus trip to Atlantic City on September 19, 2009. The bus will leave at 11AM and return 9PM. Tickets are \$35 and there will be a \$30 voucher for the Showboat Casino. Tickets are available at the Jamesburg Public Library, 229 Gatzmer Avenue. Look for us at the Jamesburg Fall Festival on September 20. Free books for the kids and a book sale for all interested. Proceeds from both activities benefit the library. New Definition of a Dictionary...A Cordless Spell-Checker!

## **How about some living history?**

The Annual Monroe Township/Buckelew Day is promising to be a memorable one. Historic re-enactments from Civil War Groups, President and Mrs. Lincoln, and stories of frontier life with a Mountain Man are some of the activities planned for Saturday, September 26 and Sunday September 27. The events all take place at the Historic Dey Farm, located on Federal Road in Monroe. Tours will be held in some of the farm buildings and memorabilia from the Buckelew Mansion will be available from the Jamesburg Historical Association. Come spend the day experiencing the 19<sup>th</sup> Century as we live in the 21<sup>st</sup>. 10AM-5PM. Take Perrineville Road or Applegarth Road to Federal Road. There will be plenty of parking!

## **Know your neighbor...Larry Springer**

The Jamesburg Bulletin would like to welcome Larry Springer to town. Larry has taken over a long standing financial business in Jamesburg. Larry is a certified financial planner and author, and has an extensive background in the financial services industry. Larry believes in long term relationships, service, integrity and uncompromised quality. He lives in Old Bridge with wife Diana and their daughter, Tanya. Larry is also a musician who performs at various times with The Happenings, mentioned in our Rock and Roll article on page two. We hope Larry enjoys the success he has had in the past right here in Jamesburg. Call Larry at 732-723-3694 or stop in at 16 West Railroad Avenue in Jamesburg.

## **The Jamesburg Fall Festival is On!**

Sunday, September 20<sup>th</sup> is the long awaited day for the Jamesburg Fall Festival, which replaces the former Tonkery Day. Committee members Brian Grimes, Daria Ludas and Elliott Stroul have spent a year re-organizing and tasking to get this festival off the ground with the help of Borough officials and members of the community. The Festival itself will start at 11AM and run until 6PM. An ice-cream eating contest is planned by Mendoker's and PNC Bank, a pizza eating contest sponsored by Jamesburg Pizza and a Battle of the Bands sponsored by the Academy of Music in Spotswood will compliment the car show, put on by the Jamesburg Elks. There will be crafters, collectibles and lots of eats.

## **Clock dedication to be held Sept 1<sup>st</sup>!**

The Jamesburg Revitalization Coalition is pleased to announce that the street clock project is now complete and the dedication ceremony will be held on September 1<sup>st</sup> at 12:00 noon on TD Bank property at the intersection of Perrineville Road and Forsgate Drive. The clock was made possible by the generosity of two grants. An IBM Community Grant was received due to the efforts of John Tancredi and Elliott Stroul, as well as Emile Grace, branch manager of TD Bank Jamesburg. The public is invited to attend the dedication ceremony.

“Thought and theory must precede all salutary action; yet action is nobler itself than either thought or theory.”

-William Wordsworth